



Words you will learn:



anonymous

When a person's name, or who they are, is not known or shared.



block

To stop someone from contacting others or seeing their messages online.



communicate

To share information, ideas or feelings with other people.

Some **online** games, apps, websites and videos have **age-restrictions**. These are there to keep you safe.

Warning

You must be 13 or older to create an account.

Confirm my age

Go back



When you **communicate online**, you need to be as **respectful** and kind as you are in-person. People can sometimes misunderstand messages and emojis sent **online**.

Respectful

- Using kind and polite words
- Thinking before you send a message
- Including others
- Telling a trusted adult if something worries you

Disrespectful

- Being rude or unkind
- Sending a message that might upset someone
- Leaving someone out on purpose
- Joining in with or not telling anyone about unkind behaviour

There are many ways to **communicate online**.

Do not **communicate** with people you do not know online.



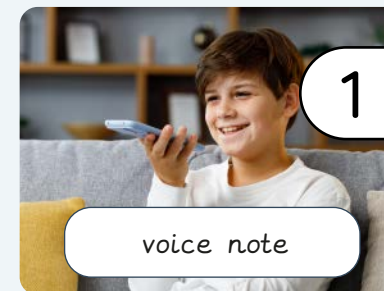
video call



messaging app



video game chat



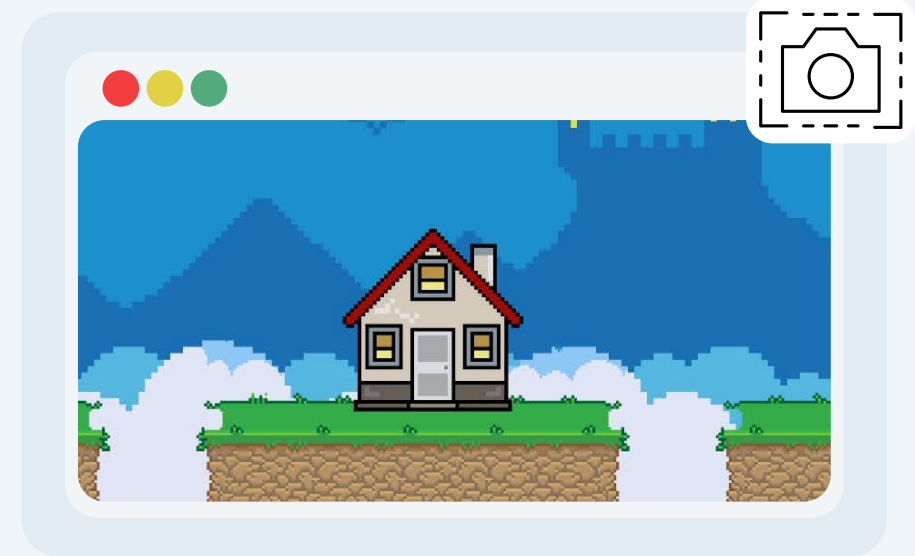
voice note



Avatars and usernames allow people to be **anonymous**.



On most devices, you can take a picture of what is shown on the screen. This is called a **screenshot**.

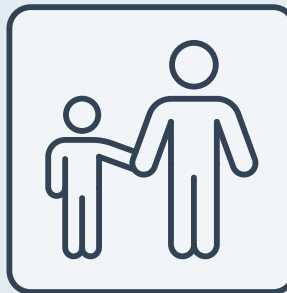


Online bullying is unkind behaviour online that is done on purpose and happens more than once, including when others share it.

You can:

1. **Report** it to a **trusted adult**.
2. Use the **block** button to block the other user.
3. Take a **screenshot**.

If you are worried about something or make a mistake online, ask a **trusted adult** for help.



Getting help:

- Something **online** made me feel...
- I saw something that I did not like because...
- I am not sure if this is safe because...
- Am I old enough...?
- I went on a game or app that I am not sure I am allowed to use and...?