

Maths Choose a number between 10 and 20. Use the part-whole model to show how many tens and ones there are in each number. Choose 5 different numbers.	<b>PSHE</b> Design your own worry box or worry monster and use it to take away your worries. Take a picture.	<b>DT</b> Make a healthy snack and write a sentence explaining why it is a good choice. Take a picture or bring it in
Write all about it!	Life Skills	Be relaxed
Keep a diary for a week and write about the things you have done and how you are feeling. Challenge: Add illustrations	Learn to tie your shoe laces.	Sit and listen to a piece of music. What are the lyrics about? Who is the artist? Challenge: Come up with your own verse to the song.
Building	Friendship	PE
Using Lego or any building bricks you have at home, create an instructional video explaining how to build a model of your choice.	Make a friendship poster, including pictures and words about how to be a good friend.	Get your heat racing by doing at least 10 minutes of exercise every day. Try skipping, football, dancing, walking up and down the stairseven cleaning your room works up a sweat!